

Progress Notes

Signed Oct 3, 2025

Progress Notes by Jasmin Garcia at 10/3/2025 3:38 PM

BARTZ-ALTADONNA COMMUNITY HEALTH CENTER
43322 Gingham Avenue
Lancaster, CA, 93535

CHIEF COMPLAINT

Nicolas presents for New Patient (new pt-physical/ med refill questions about med)

SUBJECTIVE

Nicholas is a ■ yr old male here for a physical. Mhx of substance abuse with illicit drugs (currently suboxone and clonazepam). Reports seizing without any clonazepam, on 1 mg. Has been getting med refills of suboxone through the ER. Denies any chest pain, hallucinations, or SOB. No further complaints at this time.

Interpreter needed: **No**

Past medical History

Past Medical History:

Diagnosis	Date
• Substance abuse	

Social History

Social History

Tobacco Use

- Smoking status: Never
- Passive exposure: Never
- Smokeless tobacco: Never

Vaping Use

- Vaping status: Never Used

Substance Use Topics

- Alcohol use: Never
- Drug use: Never

Family History

Family History

Problem	Relation	Name	Age of Onset
• Diabetes	Father		

Sexual Activity

Social History

Substance and Sexual Activity

Sexual Activity Not Currently

Review of Systems

Constitutional: Negative for activity change, appetite change, chills, fatigue, fever and unexpected weight change.

HENT: Negative for congestion, ear discharge, ear pain, hearing loss and sore throat.

Eyes: Negative for discharge and visual disturbance.

Respiratory: Negative for cough, shortness of breath and wheezing.

Cardiovascular: Negative for chest pain and palpitations.

Gastrointestinal: Negative for abdominal distention, abdominal pain, blood in stool, heartburn and indigestion.

Endocrine: Negative for polydipsia, polyphagia and polyuria.

Genitourinary: Negative for difficulty urinating, dysuria, enuresis, hematuria, penile discharge and penile pain.

Musculoskeletal: Negative for arthralgias, neck pain and neck stiffness.

Skin: Negative.

Allergic/Immunologic: Negative for food allergies.

Neurological: Negative for dizziness, facial asymmetry, speech difficulty, light-headedness and headaches.

Psychiatric/Behavioral: Negative. Negative for agitation, hallucinations and suicidal ideas. The patient is not nervous/anxious.

OBJECTIVE

Vitals:

10/03/25 1536
 BP: 129/87
 BP Site: Right Arm
 BP Position: Sitting

BP Cuff Regular Adult
Size:
Pulse: 92
Resp: 18
Temp: 98.3 °F (36.8 °C)
TempSrc: Forehead
SpO2: 95%
Weight: 123 lb 6.4 oz (56 kg)

There is no height or weight on file to calculate BMI.

BP 129/87 at 10/3/2025 3:36 PM

No Known Allergies

Last 3 HbA1c

No results found for: "HGBA1C"

Last 3 LDL

No results found for: "LDL"

Last 3 PHQ-9 scores

PHQ-9 Total Score (Auto Calculated) 7 at 10/3/2025 3:27 PM

PHYSICAL EXAM

Physical Exam

Constitutional:

General: He is not in acute distress.

Appearance: Normal appearance. He is normal weight.

HENT:

Head: Normocephalic.

Right Ear: Tympanic membrane, ear canal and external ear normal.

Left Ear: Tympanic membrane, ear canal and external ear normal.

Nose: Nose normal. No congestion or rhinorrhea.

Mouth/Throat:

Mouth: Mucous membranes are moist.

Pharynx: Oropharynx is clear.

Eyes:

Extraocular Movements: Extraocular movements intact.

Pupils: Pupils are equal, round, and reactive to light.

Neck:

Thyroid: No thyroid mass or thyroid tenderness.

Cardiovascular:

Rate and Rhythm: Normal rate and regular rhythm.

Pulses: Normal pulses.

Heart sounds: No murmur heard.

Pulmonary:

Effort: Pulmonary effort is normal. No respiratory distress.

Breath sounds: Normal breath sounds. No wheezing.

Abdominal:

General: Abdomen is flat. Bowel sounds are normal.

Palpations: Abdomen is soft.

Tenderness: There is no right CVA tenderness or left CVA tenderness.

Genitourinary:

Prostate: Normal.

Musculoskeletal:

General: No swelling, tenderness or deformity.

Cervical back: Normal range of motion. No rigidity or tenderness.

Skin:

General: Skin is warm and dry.

Capillary Refill: Capillary refill takes less than 2 seconds.

Neurological:

General: No focal deficit present.

Mental Status: He is alert and oriented to person, place, and time.

Motor: No weakness.

Psychiatric:

Mood and Affect: Mood normal.

Behavior: Behavior normal.

ASSESSMENT & PLAN

Problem List

None

Visit Diagnoses

	Codes
Routine general medical examination at a health care facility - Primary	ICD-9-CM: V70.0 ICD-10-CM: Z00.00
Relevant Orders COMPREHENSIVE METABOLIC PANEL Routine	
Encounter for screening for diabetes mellitus	ICD-9-CM: V77.1 ICD-10-CM: Z13.1
Relevant Orders HGA1C W/EAG Routine	
Screening for deficiency anemia	ICD-9-CM: V78.1 ICD-10-CM: Z13.0
Relevant Orders	

Codes

BLOOD COUNT COMPLETE AUTO&AUTO DIFRNTL WBC Routine

Screening for thyroid disorder ICD-9-CM: V77.0
ICD-10-CM: Z13.29

Relevant Orders

TSH W/RFLX FREE T4 Routine

Encounter for HCV screening test for low risk patient ICD-9-CM: V73.89
ICD-10-CM: Z11.59

Relevant Orders

ACUTE HEPATITIS PANEL W/RFLX Routine

Encounter for screening for human immunodeficiency virus (HIV) ICD-9-CM: V73.89
ICD-10-CM: Z11.4

Relevant Orders

HIV 1/2 AG & AB W/RFLX (4TH GEN) Routine

Screening for hematuria or proteinuria ICD-9-CM: V82.9
ICD-10-CM: Z13.89

Relevant Orders

URINALYSIS, COMPLETE W/REFLEX TO CULTURE Urine Routine

Uncomplicated opioid dependence (Chronic) ICD-9-CM: 304.00
ICD-10-CM: F11.20

Screening for lipid disorders ICD-9-CM: V77.91
ICD-10-CM: Z13.220

Relevant Orders

LIPIDS W RFLX TO DIRECT LDL Routine

The following were addressed in today's visit:

Return in about 4 weeks (around 10/31/2025) for LAb results w/MD via phone appt.